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BESPOKE ITALY TRAVEL
THOUGHTFULLY DESIGNED

Ischia Italy Luxury Island Guide

Ischia is one of the most beautiful islands in the Bay of Naples. Known for its thermal spas, lush landscapes, and dramatic coastal views, Ischia offers a more relaxed and authentic experience than nearby Capri while still delivering exceptional hotels, beaches, and cuisine.

Where to Stay

- Mezzatorre Hotel and Thermal Spa - iconic cliffside resort with private sea access
- San Montano Resort and Spa - panoramic luxury hotel above Lacco Ameno
- Regina Isabella - historic five star spa hotel on the water
- Botania Relais and Spa - boutique luxury retreat surrounded by gardens

Where to Eat

- Danì Maison - Michelin starred creative Italian cuisine
- Indaco at Regina Isabella - refined seaside dining
- La Torre Restaurant - panoramic dining at Mezzatorre
- Il Focolare - famous local restaurant in the hills of Barano
- Ristorante Da Cocò - classic seafood overlooking Sant Angelo harbor

Beaches and Beach Clubs

- Maronti Beach - longest beach on the island with thermal springs
- Sant Angelo Beach - picturesque village beach with clear water
- San Montano Bay - calm protected bay near Lacco Ameno
- Cartaromana Beach - views of Castello Aragonese

Suggested 7 Day Ischia Itinerary

Day 1	Arrival via ferry from Naples. Check into hotel. Explore Ischia Porto and enjoy dinner at a seaside restaurant.
Day 2	Relax at your hotel spa or thermal pools. Lunch by the sea. Sunset dinner at Danì Maison.
Day 3	Beach day at Maronti Beach. Swim and enjoy beachside restaurants. Evening in Sant Angelo.
Day 4	Boat day around Ischia exploring hidden coves and swimming spots. Lunch along the coast.
Day 5	Visit the gardens of La Mortella and explore Lacco Ameno. Dinner at Indaco.
Day 6	Explore Castello Aragonese and Cartaromana Beach. Afternoon spa time.
Day 7	Slow morning and final swim before ferry departure back to Naples.

Ischia Travel Notes

- Thermal spas and natural hot springs are a defining experience on the island.
- Boat days reveal hidden coves and dramatic volcanic coastline.
- Sant Angelo village is one of the most charming spots on the island.
- Ischia works well paired with Naples, Capri, or the Amalfi Coast.

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