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BESPOKE ITALY TRAVEL
THOUGHTFULLY DESIGNED

Ponza Italy Luxury Island Guide

Ponza is one of Italy's most beautiful islands in the Tyrrhenian Sea. Unlike Capri or the Amalfi Coast, Ponza moves at a slower rhythm built around boat days, hidden coves, seafood lunches, and sunsets overlooking the harbor.

Where to Stay

- Hotel Chiaia di Luna - dramatic cliffside sunset views
- Grand Hotel Santa Domitilla - elegant hotel with thermal pools
- Hotel Torre dei Borboni - historic property overlooking the harbor
- Villa Laetitia Ponza - boutique luxury stay

Where to Eat

- Acqua Pazza - refined seafood restaurant with harbor views
- Ristorante Eea - modern Mediterranean terrace above the port
- Il Tramonto - sunset dining overlooking the sea
- La Marina - classic waterfront seafood restaurant
- Gennarino a Mare - authentic island dining
- La Campanella - relaxed island lunch spot
- O Francese - famous boat access restaurant on Palmarola

Beaches and Beach Clubs

- Frontone Beach - main beach club area with restaurants
- Da Enzo al Frontone - beach club lunch reached by boat
- Cala Feola - natural swimming pools
- Chiaia di Luna - dramatic crescent cliffs and coastline

Suggested 7 Day Ponza Itinerary

Day 1	Arrival by ferry. Lunch at Ristorante Eea. Walk Ponza harbor and marina. Dinner at Il Tramonto.
Day 2	Private boat around Ponza exploring caves and coves. Lunch Da Enzo al Frontone. Dinner Acqua Pazza.
Day 3	Morning swim at Cala Feola natural pools. Afternoon Frontone Beach club. Dinner La Marina.
Day 4	Boat excursion to Palmarola island. Swim along cliffs. Lunch at O Francese.
Day 5	Explore Le Forna village and island viewpoints. Lunch La Campanella. Relaxing afternoon swim.
Day 6	Southern coast boat exploration and Faraglioni rock formations. Farewell dinner Maga Circe.
Day 7	Morning espresso overlooking the harbor. Final swim before ferry departure.

Ponza Travel Notes

- Boat days are the best way to experience Ponza and nearby Palmarola.
- Reserve restaurants in advance during peak summer months.
- Most beach areas are reached by boat taxi or shuttle boats.
- Sunset views are best from harbor terraces and cliffside restaurants.

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For bespoke Italian itineraries, private boat charters, curated hotels, and exceptional island experiences contact Ciao For Now Travel.